

USDA Mission Statement: The Food and Nutrition Service (FNS) and Center for Nutrition Policy and Promotion (CNPP) are agencies of USDA's Food, Nutrition, and Consumer Services.

FNS works to end hunger and obesity through the administration of 15 federal nutrition assistance programs including WIC, Supplemental Nutrition Assistance Program (SNAP), and school meals. In partnership with State and Tribal governments, our programs serve one in four Americans during the course of a year. Working with our public, private and non-profit partners, our mission is to increase food security and reduce hunger by providing children and low-income people access to food, a healthful diet and nutrition education in a way that supports American agriculture and inspires public confidence. No American should have to go hungry.

We are committed to ensuring access to healthy and safe food for those participating in our programs including expecting mothers, infants and children in child care and school, low-income families going to food banks, local farmers markets, and local supermarkets. These are investments that support education, health care, and a competitive workforce. We are committed to the sound stewardship of taxpayer dollars through aggressive efforts to reduce and prevent fraud and increase efficiency.

FNS is proud of our accomplishments, which include:

Increasing access to nutritious and safe food for eligible people; helping to reduce the number of households with children that experience low food security; partnering with schools to implement national standards designed to improve the quality of food served and sold in schools; promoting healthful diets and active lifestyles among those participating on our programs; reducing improper payments in the largest nutrition assistance program, SNAP; our challenge and commitment now, and in the future, is to ensure our programs continue to respond to the needs of the low-income families and respond to the changing economic conditions while ensuring we remain vigilant stewards of taxpayer dollars.

MEAL COST

Breakfast.....\$1.25
Lunch.....\$2.50
Extra Milk.....\$0.35

FRUIT & VEGGIE BAR
Included in Meal Price
Available for all K-12 Students

PRESCHOOL MEALS

Meals are as listed.
NO alternatives, unless medically necessary.

January 2017 - District Menu

K - 12 GRADE MEALS DAILY BREAKFAST
 1-Hot or Cold Entrée Fresh Fruit Choice of Drink Juice
 1% White Milk *Skim Flavored Milk (Chocolate or Strawberry)
BREAKFAST CART with Cereal & Pop Tarts
DAILY LUNCH 1-Hot or Cold Entrée Choice of 2 Vegetables
 Choice of 2 Fruits Choice of Drink 1% White Milk *Skim Flavored Milk
 (Chocolate or Strawberry)

Starting Aug. 18th a salad will be available for a 2nd entrée. (MS/HS ONLY)

1. Chef Salad
2. Oriental Salad
3. Fajita Salad
4. Chicken Berry Salad

They will rotate these 4 salad choices.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 Mini Pancakes Cook's Choice, Veggie , Fruit	6 Long Johns Pizza, Green Beans, Apple Sauce	7
8	9 Banana Bread Fajitas, Corn, Pineapple	10 Mini Donuts Corn Dogs, Mac n' Cheese, Peas, Pears	11 Sausage Sandwich Breaded Meat Sandwich, Baked Beans, Peaches	12 Mini Loaf/ Yogurt Flying Saucer, Mixed Fruit	13 Long Johns Western Burger (6- 12), Hamburger (K- 5), Broccoli, Banana	14
15	16 Breakfast Pizza Pork Sandwich, Baked Beans, Pineapple	17 Biscuits/Gravy Breaded Chicken Sandwich, Corn, Apple Sauce	18 Cook's Choice Cook's Choice, Veggie, Fruit	19 French Toast Chicken & Noodles, Mashed Potatoes, Peaches	20 Long Johns Pizza, Cauliflower/ Broccoli, Fresh Fruit	21
22	23 Muffin/Cheese Stick Chicken Nuggets, Corn, Pineapple	24 Mini Pancakes Pasta Bar, Green Beans, Pears, Garlic Bread	25 Breakfast Bread Open Face Sandwich, Mashed Potatoes, Mixed Fruit	26 Sausage Sandwich Crispitos, Rice, Corn, Apple Sauce	27 Long Johns Chicken Fried Steak, Mashed Potatoes, Peaches	28
29	30 French Toast Sticks Stromboli, Corn, Pineapple	31 Donut Breakfast for Lunch, Tri Potatoes, Fruit				